





# MIKE ALLSOP

## HOW MANY EXTRAORDINARY ADVENTURES CAN AN ORDINARY MAN ACCOMPLISH?

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Airline pilot, Everest mountaineer, adventurer and dedicated family man - Mike Allsop is an ordinary person proving that anybody can accomplish extraordinary things.

Mike Allsop grew up in a single parent home in Auckland. Life wasn't always easy. But Mike never wavered in his dream of becoming an airline pilot with Air New Zealand. He single-mindedly pursued this goal, breaking it down into smaller parts then focusing on each step in turn. He began by obtaining a pilot's licence and a job with a small commuter airline. Things took a dramatic turn when a flight to deliver a Twin Otter aircraft from the USA to New Zealand led to a crash landing into the sea hundreds of kilometres off the coast of Hawaii in the dark of night. The US Coast Guard colonel who eventually rescued Mike and his crew commented that nobody else had ever survived a crash landing into that part of the ocean!

As well as becoming an Air New Zealand captain, Mike harboured another ambition. One day, he wanted to stand upon the roof of the world and summit Everest.

True to form, he broke the goal down and gained the necessary skills and experience by testing himself on difficult and potentially hazardous climbs across 6 different continents. Many were usually only tackled by vastly more experienced climbers. However, Mike Allsop is living proof of his philosophy 'if you believe you can, you will'. He has reached every goal in spectacular fashion, including becoming an international airline pilot with Air New Zealand and ascending Everest in an unguided expedition.



He has since gone on to conquer numerous other mountains, pitting himself against the limits of human endurance and the unpredictable weather conditions that abound at extreme altitudes. He's narrowly dodged a fatal avalanche in Peru, risked being shot in Russia and returned a replica of a stolen Yeti hand to a monastery in Nepal.

**Mike is also one of a handful of athletes who have ever run 7 marathons in 7 days on 7 continents.** This raised NZ\$75,000 for New Zealand charity KidsCan.

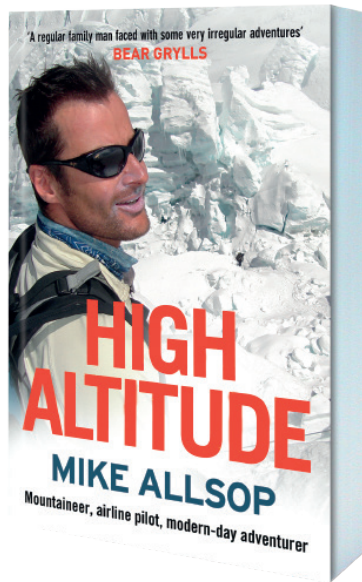
Most recently, Mike returned to the Himalayas to run the world's highest marathon around Everest – a feat never before attempted. Backed only by a Sherpa team, he trekked to 5,630 metres above sea level. There he ran a distance of 42.2 kilometres (22.6 miles) in temperatures of -30 degC (-22degF), setting a new world record.

This feat is captured in the documentary film 'Chasing Altitude' aimed at young people everywhere, showing that they too can achieve their dreams and ambitions by overcoming the fear of failure and breaking each goal into a series of smaller steps.

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**WHEN HE'S NOT CAPTAINING AN A320 AIRBUS OR PLANNING HIS NEXT INSPIRING ADVENTURE, MIKE IS AT HOME MOWING THE LAWNS, DROPPING THE KIDS OFF AT SCHOOL AND TRYING TO STAY FIT. IT'S ALL IN A DAY'S WORK.**





## HIGH ALTITUDE

AN ORDINARY MAN'S  
EXTRAORDINARY JOURNEY  
TO FULFIL HIS DREAMS  
AND INSPIRE THE WORLD.

A REGULAR MAN FACED  
WITH SOME VERY  
IRREGULAR ADVENTURES.

*Bear Grylls*

## COVERAGE IN THE MEDIA

Air New Zealand pilot Mike Allsop writes about his life, career and extreme adventures, from mountain climbing (including Everest) to running seven marathons in seven days on seven continents. There are hair-raising dramas involving everything from travel to childbirth, plus life-changing thrills in a story that above all, speaks of the wisdom of thorough preparation in all things, the consolations of a drink or two with friends, and the power of single-minded determination and self-belief.

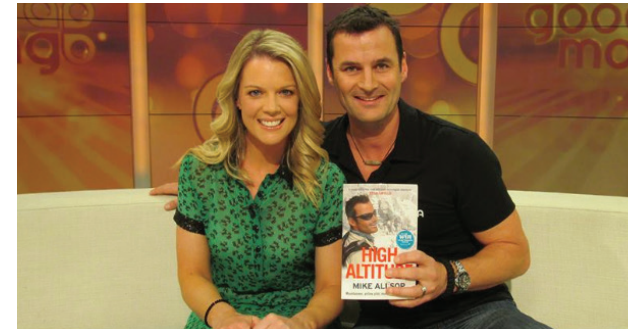
### Kia-Ora magazine

Pilot and adventurer Mike Allsop tells about plane crashes, Everest and striking a balance between thrills and family.

### Sunday Star Times

Allsop is someone you may have heard of. He first made the news nearly two decades ago for surviving what should have been a fatal air crash. His most recent media splash early this year was running seven marathons on seven continents in seven days. In between these two events, he became an Air New Zealand pilot, climbed several mountains in several countries including Everest in Nepal, and ran a high altitude marathon there. While living an adventurous life and flying planes, he married and had kids. And he's put all of it into his book so he's a writer too. He weaves in what motivates him, how he balances adventures with a normal family life. He's met some interesting people too but he never lets it go to his head. Allsop has a humorous touch too, and knows when something is dangerous. This all comes through in his storytelling.

### Waikato Times



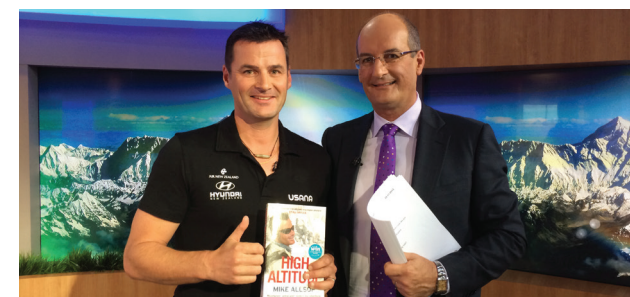
Good morning breakfast show



Ultra fitness magazine



Air New Zealand's crew magazine



Sunrise Breakfast, Channel 7, Australia

### Online Links

[Meet Mike Allsop](#)

[High Altitude website](#)

[Everest Summit](#)

[The Crash](#)

[Who is Mike Allsop?](#)

[Australian Sunrise TV clip](#)



## MOTIVATIONAL & KEYNOTE SPEAKING

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In 2017, Mike Allsop became one of a very small number of New Zealand climbers to have summited Mt Everest. Then, in 2013, he became one of a handful of adventurers to have completed 7 marathons in 7 days on 7 continents, raising over \$75,000 for charity.

But this isn't a talk about how to climb Everest or run a marathon. It's a talk about how to achieve the things that seem impossible. These core principles will help you draw parallels in your own life, both personally and professionally.

He speaks from the heart about the power of goal setting. As a young boy from a single-parent home, Mike's dream of becoming an Air New Zealand captain seemed impossible.

But that didn't stop him from achieving that goal, nor did it stop him from climbing the world's highest mountain.

Mike has spoken at a wide range of major events. These include international conferences at TEDx, Flight Center, The Boeing Company and the New York Explorers Club, to local events such as Air New Zealand's Accelerated Leadership Programme. He has shared his story with audiences of up to 10,000 people, but gets just as much satisfaction from speaking at schools, speaking to thousands of kids every year.

Hearing Mike recount his experiences will take you on a surprising, emotional journey of courage and companionship, life and death. More importantly, it will help you realise that there's no point in wondering 'what if?'.  

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## DIFFERENT TALKS FOR DIFFERENT AUDIENCES

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### **Motivation and Inspiration**

Mike will show you how ordinary people can achieve extraordinary things. No matter who you are or what you think your capabilities are, Mike will share his inspiring stories and encourage you to draw parallels in your own life, both personally and professionally.

### **Leadership**

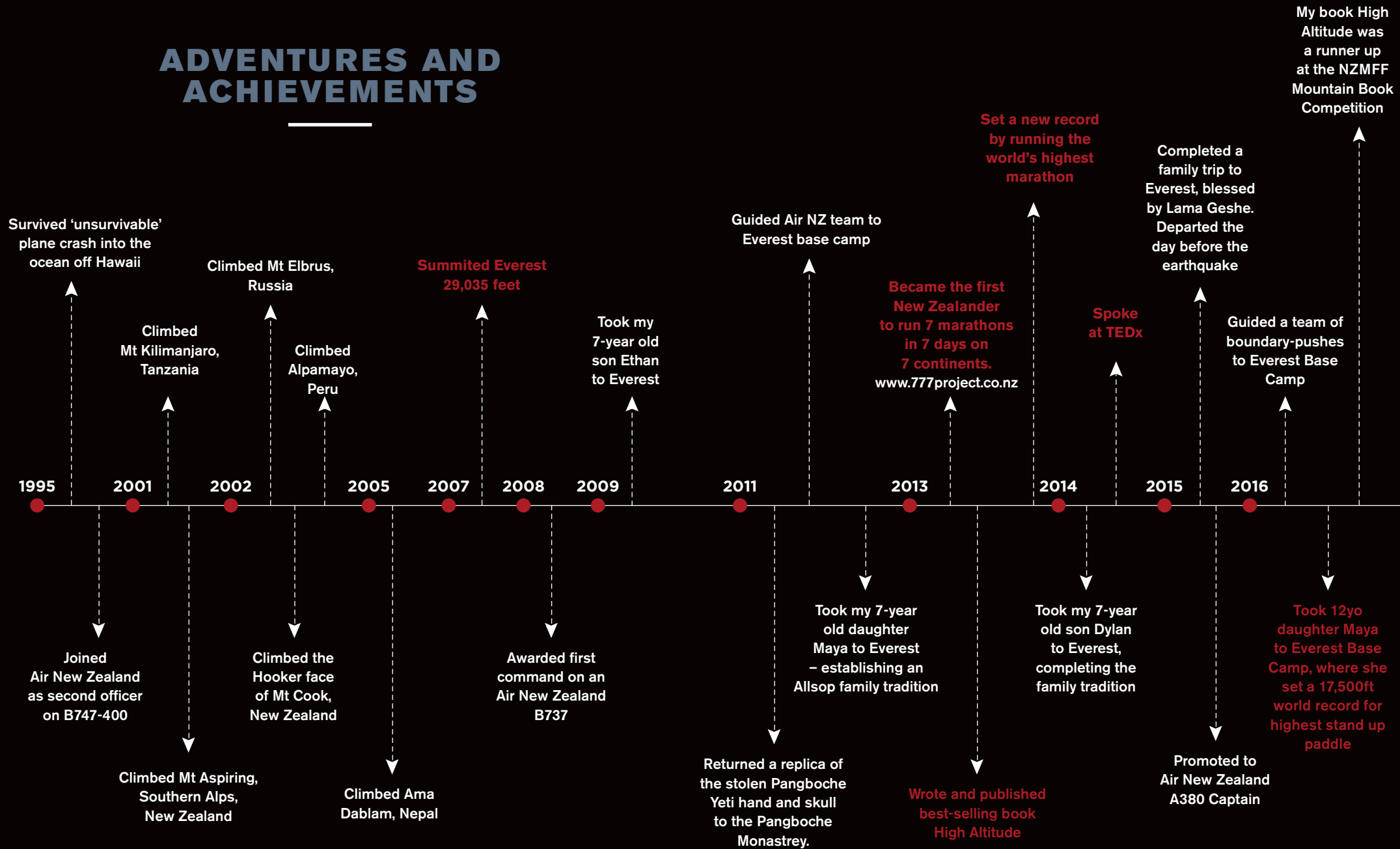
With a similar vibe to his motivational talk, Mike will focus on leadership with his experience as an airline captain, adventurer and high altitude guide. His advice will inspire your team to embrace challenges, overcome obstacles and set their limits sky high.

### **Dinner Speech**

An inspiring talk designed specifically for a dinner crowd. Mike inspires his audiences with tales of courage, commitment and survival. They're sure to leave you a little breathless but armed with confidence.  

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# ADVENTURES AND ACHIEVEMENTS



**“IF YOU  
BELIEVE  
YOU CAN,  
YOU WILL”**



MIKE ALLSOP WISHES TO ACKNOWLEDGE  
THE SUPPORT OF:



EXCLUSIVE TO CELEBRITY SPEAKERS

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